



Kantawan Spa

กันตะวัน สปา

Massage

Swedish Massage (60 mins)

This full body massage involves soothing palm movements and will relax your muscles and soft tissue. Your blood circulation is increased and your mind clears.

Sport "Deep Tissue" Massage (60 mins)

This sport massage was created for those who love exercise and outdoor activities. This will relax and soothe your whole body, giving your sore muscles relief, and leave your body refreshed ready for further adventures.

Relax Head, Back & Shoulder (30/60 mins)

Most stress and anxiety are concentrated at the head, neck and shoulders. Relax whilst our masseuse delicately stimulates your blood vessels.

Kantawan Massage (Asian) (60 mins)

The massage for aches and pains. East meets West as massage techniques from both corners of the globe are combined. Ideal for those who like their massage to be firm and strong. Choose from a selection of essential oils, with natural healing powers.

Soothing Foot Massage (60 mins)

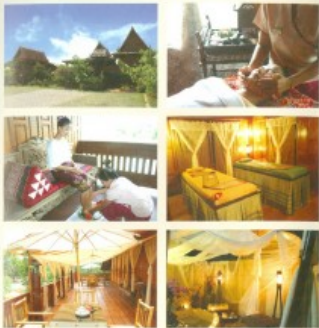
Acupressure points on the feet are linked to the nervous system. Stimulating these points will help the immune system, improving circulation and alleviating soreness all over the body.

Royal Thai Traditional Massage (90 mins)

Tradigro! This Massage uses firm thumb and pressure on the body's energy lines and pressure point, as well as a variety of stretching movements. You will feel spiritually and physically refreshed, strengthened and rejuvenated.

Body Stone Massage (90 mins)

Utilizing a natural stone warmed to an appropriate temperature, this technique is integrated with massage using oils. It will help alleviate muscular pains, stimulate circulation, the lymph gland system, and improve the body's immunity.



Facial Treatments

Kantawan Aromatherapy Facial (60 mins)

A facial using the anti-oxidant benefits of green tea and grape seed to deeply penetrate the skin and protect against the damaging effects of the environment. Includes a pressure point facial massage to promote lymphatic drainage. Leaves your face glowing, soft and healthy.

Men's Facial (60 mins)

Especially for men. This indulgent facial extracts impurities while moisturizing and correcting sebum production. This hydration treatment has been specially developed to bring radiance to the complexion.

Asian Nature (60 mins)

Our deluxe facial includes cleansing, toning, exfoliation and a revitalizing mask. For men and women, and ideal for sensitive or sunburned skin. Treatment begins with a light cleansing followed by a gentle and relaxing facial massage using Thai honey. A hydrating fresh cucumber and tamarind mask completes the facial, restoring balance to the skin.

Facial Stone Massage (60 mins)

This is a facial massage for both men and women. The face is first cleansed of impurities followed by massage using the Precious Stone. This will stimulate the lymph glands, improve blood circulation, reduce wrinkles and create a radiant facial glow.

Body Scrub & Wrap

Kantawan CoCo Scrub (60 mins)

Coconut is combined with Thai herbs and honey provides a stimulating body scrub. Skin will be gently polished as the aromatic scrub exfoliates and provides essential nourishment. Also a luxurious lotion massage will leave your skin silky and hydrated.

Crystal Sea Salt Scrub (60 mins)

Purified crystal sea salt and aromatic oils are used to detoxify and cleanse your skin. This treatment will stimulate your body and mind whilst gently removing old skin cells to give you a glowing radiance.

Siam Tamarind Body Scrub (60 mins)

Thai herbs have been used for centuries in massages to aid the regeneration process. Tamarind is combined with herbs to leave you feeling completely relaxed. Thai have used this combination of herbs for many years as a natural cleanser.

Joboba Body Scrub (60 mins)

A lavender cream designed to promote cell renewal and soften the skin. Old skin cells will be gently scrubbed away while the aroma of lavender induces a deep relaxation.

Thai Herbal Clay Wrap (60 mins)

This truly unique process uses a warm clay wrap applied to the whole body. The wrap is left on the skin to allow its natural properties to remove toxins from your body.

Mah-praw Coco Oil Wrap (60 mins)

A warm oil massage commences the treatment, followed by a sensuous coconut moisturizer to soften your skin. The tropical scent of coconut will relax you and leave you smelling great.

Krabi Sun-Lover (60 mins)

This treatment is an ideal for sunburned and sensitive skin. Krabi Sun-Lover's recipe originates from a traditional Thai remedy in which Aloe vera and other natural moisturizers are applied to heat inflamed or sunburned skin. The aloe vera helps replenish lost moisture and stimulates skin cell regeneration.

Oriental Head Massage

Tension often builds up in the neck, head and shoulders. The Oriental Head Massage gamifies head, shoulders and face massage with Chinese pressure point therapy, easing tensed muscles and leaving you feeling relaxed and refreshed.

Ear Candle with Relaxing Massage

Ear Candle can provide relief from many ear, nose and throat problems such as sinusitis, sinusoids, colds and clogging blockages following diving. Combined with a relaxing massage, concentrating on the back area soothing sore muscles for example following a day of rock climbing, this package provides a deeply relaxing, calming and soothing experience.

www.kantawanspa.com